

| Pos | Athlete | Category | Points | Total Time | Run 1 | #R1 | T1 | #T1 | Bike | #B | T2 | #T2 | Run 2 | #R2 |
|-------------------------|--------------------|----------|--------|------------|----------|-----|----------|-----|----------|----|----------|-----|----------|-----|
| Sprint (male) | | | | | | | | | | | | | | |
| Pos | Athlete | Category | Points | Total Time | Run1 | #R1 | T1 | #T1 | Bike | #B | T2 | #T2 | Run2 | #R2 |
| 1 | GrantAngus | Open | 50 | 00:54:11 | 00:10:18 | 4 | 00:00:25 | 4 | 00:31:55 | 1 | 00:00:31 | 2 | 00:11:04 | 3 |
| 2 | HeshamShaban | Open | 49 | 00:56:05 | 00:10:14 | 3 | 00:00:44 | 9 | 00:32:42 | 2 | 00:00:49 | 12 | 00:11:39 | 8 |
| 3 | CollinAllin | Open | 48 | 00:56:24 | 00:10:48 | 7 | 00:00:21 | 1 | 00:33:16 | 3 | 00:00:29 | 1 | 00:11:31 | 7 |
| 4 | GarethCardiff | Masters | 50 | 00:57:04 | 00:10:34 | 5 | 00:00:44 | 11 | 00:34:30 | 6 | 00:00:38 | 9 | 00:10:40 | 2 |
| 5 | AdriaanRobertson | Masters | 49 | 00:57:29 | 00:11:13 | 9 | 00:00:44 | 10 | 00:33:43 | 5 | 00:00:34 | 6 | 00:11:16 | 4 |
| 6 | EwanCameron | Masters | 48 | 00:58:39 | 00:10:54 | 8 | 00:00:37 | 6 | 00:34:53 | 7 | 00:00:32 | 5 | 00:11:44 | 9 |
| 7 | CraigLamshed | Masters | 47 | 01:01:04 | 00:13:27 | 18 | 00:00:52 | 16 | 00:33:31 | 4 | 00:01:01 | 15 | 00:12:15 | 10 |
| 8 | PaulCrooks | Masters | 46 | 01:01:04 | 00:11:31 | 10 | 00:00:37 | 7 | 00:35:54 | 8 | 00:00:40 | 11 | 00:12:24 | 11 |
| 9 | DmitriyBondarev | Masters | 45 | 01:02:15 | 00:10:45 | 6 | 00:00:53 | 17 | 00:38:41 | 14 | 00:00:40 | 10 | 00:11:18 | 5 |
| 10 | NickValsamidis | Masters | 44 | 01:02:27 | 00:12:08 | 11 | 00:00:29 | 5 | 00:36:21 | 9 | 00:00:31 | 3 | 00:13:01 | 13 |
| 11 | ChristopherGrainge | Open | 47 | 01:04:00 | 00:09:31 | 1 | 00:00:42 | 8 | 00:42:49 | 18 | 00:00:35 | 8 | 00:10:24 | 1 |
| 12 | RommilAbule | Open | 46 | 01:04:06 | 00:10:05 | 2 | 00:00:51 | 15 | 00:40:17 | 16 | 00:01:35 | 19 | 00:11:20 | 6 |
| 13 | MohammadHisham | Masters | 43 | 01:04:54 | 00:12:30 | 13 | 00:00:51 | 14 | 00:36:23 | 10 | 00:01:08 | 17 | 00:14:03 | 16 |
| 14 | AleksandrIvanov | Masters | 42 | 01:05:09 | 00:12:08 | 12 | 00:00:49 | 12 | 00:38:01 | 12 | 00:00:50 | 13 | 00:13:23 | 15 |
| 15 | DarrenStubing | Masters | 41 | 01:05:42 | 00:12:45 | 16 | 00:00:49 | 13 | 00:38:13 | 13 | 00:01:00 | 14 | 00:12:56 | 12 |
| 16 | AndreasRotter | Masters | 40 | 01:06:01 | 00:12:36 | 14 | 00:01:30 | 20 | 00:37:02 | 11 | 00:01:36 | 20 | 00:13:20 | 14 |
| 17 | NicolasTinseau | Open | 45 | 01:06:30 | 00:12:40 | 15 | 00:00:23 | 2 | 00:38:50 | 15 | 00:00:31 | 4 | 00:14:08 | 17 |
| 18 | PenttiKoivisto | Masters | 39 | 01:12:11 | 00:14:25 | 20 | 00:01:28 | 19 | 00:40:25 | 17 | 00:01:26 | 18 | 00:14:30 | 19 |
| 19 | ClementMercier | Open | 44 | 01:12:24 | 00:12:59 | 17 | 00:00:23 | 3 | 00:44:10 | 19 | 00:00:35 | 7 | 00:14:19 | 18 |
| 20 | VincentRamkissoor | Masters | 38 | 01:19:28 | 00:14:08 | 19 | 00:00:56 | 18 | 00:47:50 | 20 | 00:01:03 | 16 | 00:15:33 | 20 |
| Sprint (female) | | | | | | | | | | | | | | |
| Pos | Athlete | Category | Points | Total Time | Run1 | #R1 | T1 | #T1 | Bike | #B | T2 | #T2 | Run2 | #R2 |
| 1 | AndreaStadler | Masters | 50 | 01:01:00 | 00:11:19 | 1 | 00:00:42 | 2 | 00:37:25 | 1 | 00:00:27 | 1 | 00:11:09 | 1 |
| 2 | DanielaSposi | Open | 50 | 01:07:14 | 00:12:40 | 2 | 00:00:36 | 1 | 00:39:46 | 2 | 00:00:38 | 2 | 00:13:37 | 2 |
| 3 | SaraFontanaBelenc | Masters | 49 | 01:11:56 | 00:14:52 | 3 | 00:00:51 | 3 | 00:41:10 | 3 | 00:01:03 | 3 | 00:14:02 | 3 |
| Enticer (male) | | | | | | | | | | | | | | |
| Pos | Athlete | Category | Points | Total Time | Run1 | #R1 | T1 | #T1 | Bike | #B | T2 | #T2 | Run2 | #R2 |
| 1 | ZiyadRahim | Masters | 40 | 00:41:50 | 00:06:46 | 2 | 00:01:04 | 2 | 00:26:30 | 1 | 00:00:34 | 2 | 00:06:58 | 2 |
| 2 | MekaalRahim | Kids2 | 50 | 00:47:05 | 00:06:13 | 1 | 00:00:43 | 1 | 00:32:45 | 2 | 00:00:28 | 1 | 00:06:57 | 1 |
| Enticer (female) | | | | | | | | | | | | | | |
| Pos | Athlete | Category | Points | Total Time | Run1 | #R1 | T1 | #T1 | Bike | #B | T2 | #T2 | Run2 | #R2 |
| 1 | AilsaCameron | Junior | 50 | 00:38:31 | 00:06:14 | 1 | 00:00:28 | 1 | 00:24:08 | 1 | 00:00:41 | 1 | 00:07:02 | 1 |
| 2 | MichelleShillabeer | Open | 40 | 00:40:49 | 00:07:13 | 2 | 00:00:33 | 2 | 00:24:57 | 3 | 00:00:52 | 3 | 00:07:17 | 2 |
| 3 | LeaKoivisto | Masters | 40 | 00:42:46 | 00:08:05 | 4 | 00:01:02 | 4 | 00:24:13 | 2 | 00:01:10 | 5 | 00:08:18 | 3 |
| 4 | CarlaCoetzee | Open | 39 | 00:45:23 | 00:07:59 | 3 | 00:01:25 | 5 | 00:26:05 | 4 | 00:01:06 | 4 | 00:08:49 | 4 |
| 5 | PatriciaHiggins | Open | 38 | 00:50:00 | 00:08:23 | 5 | 00:00:55 | 3 | 00:30:30 | 5 | 00:00:46 | 2 | 00:09:29 | 5 |